## Monday, 11 January 2021 – Weekly Inspiration from Rev. Jason

We were blessed that the day, 6 years ago, we were scheduled to go out on the boat on the Sea of Galilee was sunny and calm (though a bit chilly with the occasional gust of wind). Our guide was quick to tell us that even though the Sea of Galilee is an inland lake, the storms that can come up make for some harrowing trips! Of course, all of us had little difficulty imagining the boat tossed about on the waves (and contemplating the idea of stepping over the gunwale like Peter).

On one such storm, the disciples in the boat were being tossed about while Jesus napped. Afraid for their lives, they woke him in a panic. Seeing the situation, Jesus spoke and calmed the storm, after which he asked the disciples, "Why are you afraid? Do you still have no faith?" (Mark 4:40, NLT).

It's a question I could ask myself, even in today's age, when I look around and it feels as if all life is being defined by a storm that threatens to overwhelm. After all I have known and experienced of Jesus, do I still have so little faith that he will be present with me? with us? in the desperate times of the world?

Let us take the storms of our lives to Jesus, and let us have faith in the One we have known and experienced all along our life's journeys.

Prayer: Lord, when the storm threatens to overwhelm me, help me to trust in you, seeking surety and calm in your presence and not in the chaos that surrounds. May I be defined by you, and not the world, today and each day. Amen.